





## Now Open! HealthQuest Health Center

Monday – Friday 8 AM to 5 PM

901 S. Kansas Avenue in the Mills Building Topeka, KS 66612

785-783-4080

Lunch time appointments available!





## HealthQuest Health Center

- The center is open Monday through Friday from 8am to 5pm.
- Location: Mills Building, 901 S. Kansas Ave, Topeka KS 66612
- **Eligibility:** All State of Kansas employees, spouses, and their dependents ages 2+ covered by the SEHP are eligible for services provided by the center.
- Cost: All preventive visits are free regardless of health plan enrollment. Healthcare services will be provided at no cost for Plan A members. Medical visits will require a \$40 fee for those members covered under Plans C, J, N, and Q until deductible is met. Once met, medical visits will be provided at no cost.
- Appointments can be scheduled online or by calling the health center.

#### What services are offered?



#### Care

For common illnesses, flu, headaches, rashes, and other health concerns



#### Coaching

For nutrition, tobacco cessation, stress management, and physical activity



#### **Assessments**

For cholesterol, glucose, blood pressure, height, and weight



#### Wellbeing

Behavioral health counseling to reduce stress, grief, anxiety, PTSD, depression, and more

Patient Portal and Electronic Medical Record (EMR)

Health Promotion and Engagement Programs



## Who provides the care?

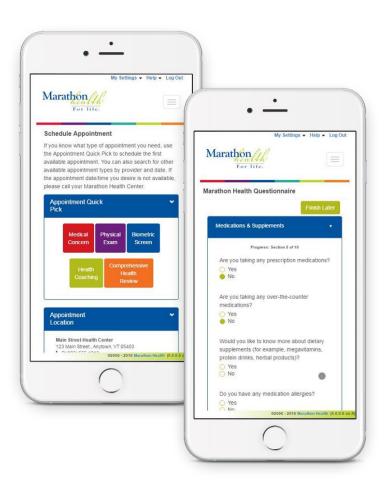
- Marathon Health, a national leader in worksite healthcare manages and operates the health center
- Care providers include a physician, two nurse practitioners, a registered nurse, a behavioral health counselor, and three medical assistants.
- The practice will operate much like a traditional family practice with longer appointments and little or no wait times.



# Technology to Support Your Success

- Secure messaging
- Online scheduling
- News and health updates
- Reminders
- Wellness goals and scoring
- Wearable technology integration
- Fitness tracking

my.marathon-health.com





# Benefits to Employees

- Little to no wait time
- More time with provider
- Less time away from work
- Early detection of health conditions
- Health cost savings
- Health coaching
- Chronic condition management
- Mental health services





# Your personal health information is protected.

When you visit Marathon Health, we are required by law to protect the privacy of your personal health information (PHI). Marathon Health will protect your PHI in accordance with the Health Insurance Portability and Accountability Act (HIPAA) and any other applicable laws.

